**PSALM 40**

Beatus qui intelligit.

*The happiness of him that shall believe in Christ; notwithstanding the humility and poverty in which he shall come: the malice of his enemies, especially of the traitor Judas.*

**1** Unto the end, a psalm for David himself.

**2** Blessed is he that understandeth concerning the needy and the poor: the Lord will deliver him in the evil day.

**3** The Lord preserve him and give him life, and make him blessed upon the earth: and deliver him not up to the will of his enemies.

**4** The Lord help him on his bed of sorrow: thou hast turned all his couch in his sickness.

**5** I said: O Lord, be thou merciful to me: heal my soul, for I have sinned against thee.

**6** My enemies have spoken evils against me: when shall he die and his name perish?

**7** And if he came in to see me, he spoke vain things: his heart gathered together iniquity to itself. He went out and spoke to the same purpose.

**8** All my enemies whispered together against me: they devised evils to me.

**9** They determined against me an unjust word: shall he that sleepeth rise again no more?

**10** For even the man of my peace, in whom I trusted, who ate my bread, hath greatly supplanted me.

**11** But thou, O Lord, have mercy on me, and raise me up again: and I will requite them.

**12** By this I know, that thou hast had a good will for me: because my enemy shall not rejoice over me.

**13** But thou hast upheld me by reason of my innocence: and hast established me in thy sight for ever.

**14** Blessed be the Lord the God of Israel from eternity to eternity. So be it. So be it.